



Gandhi GI Group

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www.GandhiGI.com

Practice Phone: **937.350.6700**

EGD Prep Instructions

Let us know if you have any of the following conditions as you may need special instructions:

- Are taking **Coumadin**, **Plavix** or any other blood thinner
- Are **Diabetic** or may be **Pregnant**
- Had a **Heart Attack** or **Stroke** in the past six months
- Have a **Pacemaker** or **Heart Defibrillator**

You will need someone with you at the outpatient surgery center during your procedure. They must be a licensed driver to drive you home.

If you have any questions we can be reached at **937.350.6700**. If after 5:00 pm please leave a message and your call will be returned promptly.

Date _____ Time of Arrival _____

 Colonoscopy And Endoscopy Center
 7211 North Main Street, Suite 3
 Dayton, OH 45415
 937-350-6703

 Sycamore Medical Center
 4000 Miamisburg Centerville Rd
 Miamisburg, OH 45342
 937-866-0551

 Samaritan North Surgery Center
 9000 North Main Street
 Dayton, OH 45415
 937- 734-5900

Prep Instructions:

- No food after 12 midnight the night before your procedure.
- You can have clear liquids until **5 hours** before your arrival time. (no alcoholic drinks)
- Take heart, blood pressure or seizure medications with a very small amount of water at least 3 hours prior.

Diabetic patients insulin instructions:

Clear Liquids Diet

- Gatorade is preferred
- Clear fruit juices, white grape juice and apple juice
- Kool-Aid or PowerAde
- Clear soup, broth or bouillon
- Water
- Tea (no coffee - no cream)
- Hard candies
- Soda pop
- Jell-O or popsicles
- **Nothing red, purple or green**